

TeleECHO™ Clinic Session 20 – Case Presentation Overview ECHO ID: 5020520

Presenter: Avnish Mehta, MD, Scarborough Centre for Healthy Communities, Toronto (Central East)

Patient Information		
Gender: Female ; Any gender concerns: No	Age: 10 (<i>DOB</i> 2008)	Preferred Language: English
Describe gender concerns:	Ethnicity: South Asian Height: 125 cm; Weight: 30 kgs; BMI: 19.2	
Presenting Concerns		
<p>Over the last few years, she has been getting more particular about where things go in her room. Parents state she is neat compared to her sibling-but really it is was only related to her bedroom at first. The parents brought this to my attention when in July someone moved a toy on her desk and she had a tantrum. Now, this is happening more often, if someone -usually her younger brother moves a toy, book or pen on her desk she becomes very upset, and starts to cry. They find it very hard to console her and she starts to hyperventilate and only calms when it is put back into the proper place. This also happened once at school with her desk. The parents ask me to "talk to her"; but they specifically told me they don't want me to "label this". They do not want a referral elsewhere or want to discuss with our social worker.</p>		
Date of Onset of Current Problem: July 3, 2018	Child's Current Psychiatric Diagnoses: None	
Question(s) for ECHO® Hub and Learning Partners		
<ol style="list-style-type: none"> 1. What is on the differential? Other questions I should ask? 2. Strategies I can use with the child and the parents? 3. If the parents where open or I am able to change their mind what resources are in Scarborough for his child? 		
Harm to Self or Others		
Suicidal Ideation: No Comments:		
Suicide Attempt/Gesture: No Comments:		
Non-Suicidal Self-Harm: No Comments:		
Harm to Others: No Comments:		
Other:		
Current Medications		
Is this patient currently on medication? No		
Current Non-Medication Treatments or Therapies		
Is this patient currently involved with any non-medication treatment? No		
Past Medications		
Past Medications	Dose	Effect
None		



Past Non-Medication Treatments or Therapies		
Non-medication treatment/therapy	Duration	Effect
None		
Mental Health Professionals / Agencies Involvement		
Type of provider / name of agency	Date Started	Previous / Current
None - Family is very hesitant		
Family Structure and Function		
Resides with: both parents and sibling; Comments: A younger brother age 8		
Relationship Issues: Occasional conflict with her brother.		
Relevant Medical History		
Grade : 5	Appropriate grade for Age? Yes	Individual Education Plan (IEP): No
Attendance problem? No	General Performance: Average	
Comments:		
Medical History (if applicable)		
No issues. Immunizations are uptodate.		
Sleep Problems: No ; Comments:		
Social History		
Has friends : Yes ; Comments:		
Peer Conflict : No ; Comments:		
Victimization from teasing or bullying : No ; Comments:		
Activities: Yes ; Changes to Level of Activities: No ; Level of disruption: ; Comments:		
Trouble with the law: No ; Comments:		
Exposure to abuse or neglect : No ; Comments:		
Substance Use : No ; Frequency: ; Amount: ; Comments:		
Cultural Considerations of the Case : No ; Comments:		
Screen Time: ; Comments:		