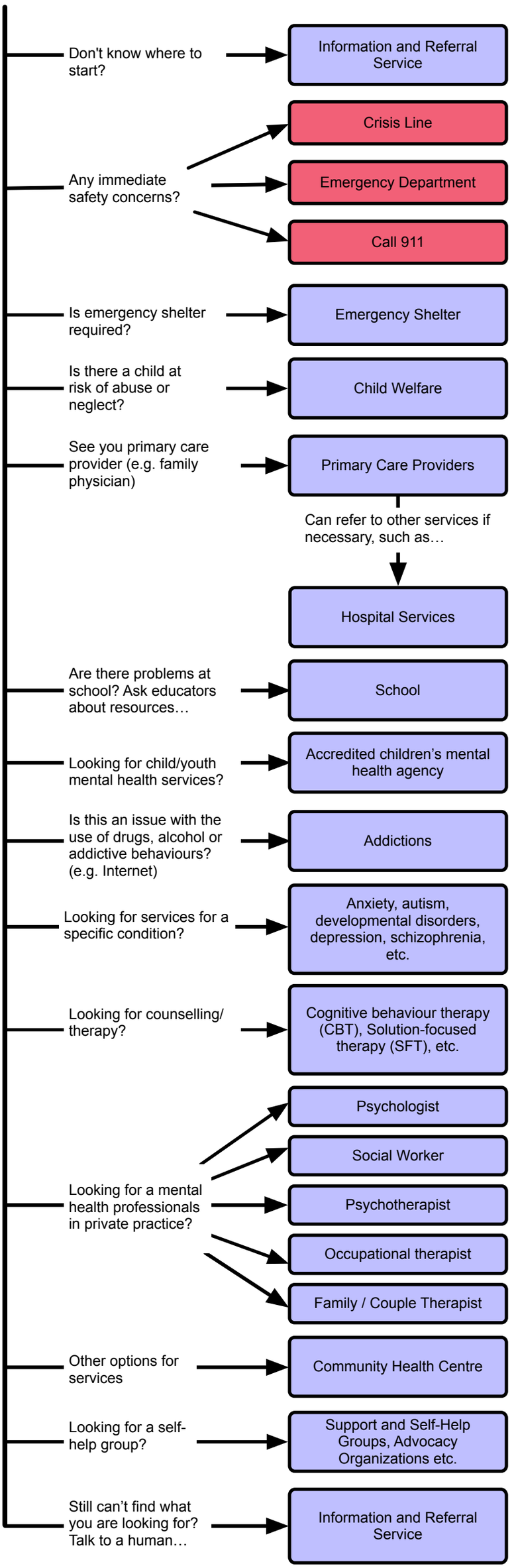Looking for mental health help for a child/youth in Ontario?